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Transalpine Run reaches Switzerland. Fast stage in top conditions with familiar winners

A slightly shortened stage and top weather conditions ensured fast running times and beaming finishers on the fifth stage of the Dynafit Transalpine Run from Ischgl to Samnaun in Switzerland.

The Dynafit Transalpine 2024 powered by Garmin is slowly approaching the finish line. The fifth stage led over 30 kilometers and 2100 vertical meters from Ischgl in Tyrol to Samnaun in Switzerland. After the extremely difficult fourth stage in wind and rain, the 478 remaining runners were delighted with the top conditions. They were correspondingly fast; there were no surprises for the most part. Lukas Mangger from Italy was once again by far the fastest runner on the course in 3:22:02 hours and consolidated his lead in the solo category. His lead over second-placed Nino Janki was 46 minutes. A similar picture in the women's solo category: The German Julia Güthling ran confidently to her next victory of the day already has a comfortable lead of over 1.5 hours over the Ukrainian Iryna Raitschuk.

The women's "Allgäu Outlet Racing Team" with Lena Glasbrenner and Johanna Steinmüller won again - but only just under two minutes ahead of the increasingly strong "Die Sonnenblumen" with Rachel Marbaker from the USA and Sophie Kirkman from Zimbabwe. The Swiss "flatland fighters" Tobias Schmid and Ramon Gut left nothing to be desired in the men's category and now have a lead of over an hour on the second-placed Samnaun Racers.

All results and information at transalpine-run.com.

Tomorrow's fifth stage will be changed due to the approaching bad weather: The new starting point is now Martina, from there the route will cover 35 kilometers and 1960 vertical meters to Nauders in South Tyrol.

The Transalpine Run has been taking place since 2005 and leads over the main Alpine ridge in seven days on changing routes and spectacular trails.

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