



GARMIN.



THE LEGENDARY TRAILRUNNING EVENT ACROSS THE ALPS

SEP 6-12 2025

#TARFAMILY







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STAGE 1

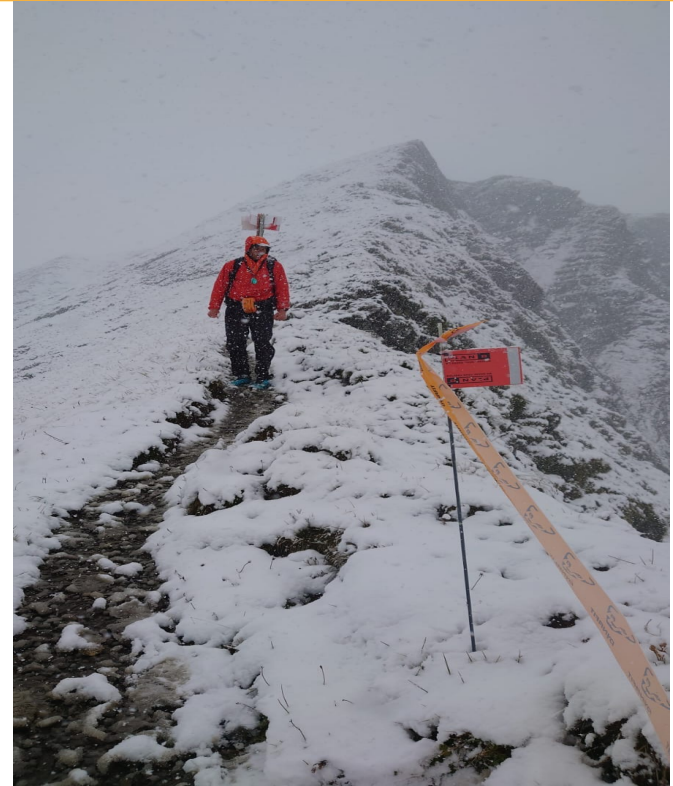
 **LECH AM ARLBERG**


 **BLUDENZ**



Streckenänderung

COURSE CHANGE





Kein Helm, aber Spikes empfohlen

*No Helmet, but Spikes strongly
recommended*

1

STAGE 1 SEPTEMBER 6 2025



39,00 KM



1.450 HM

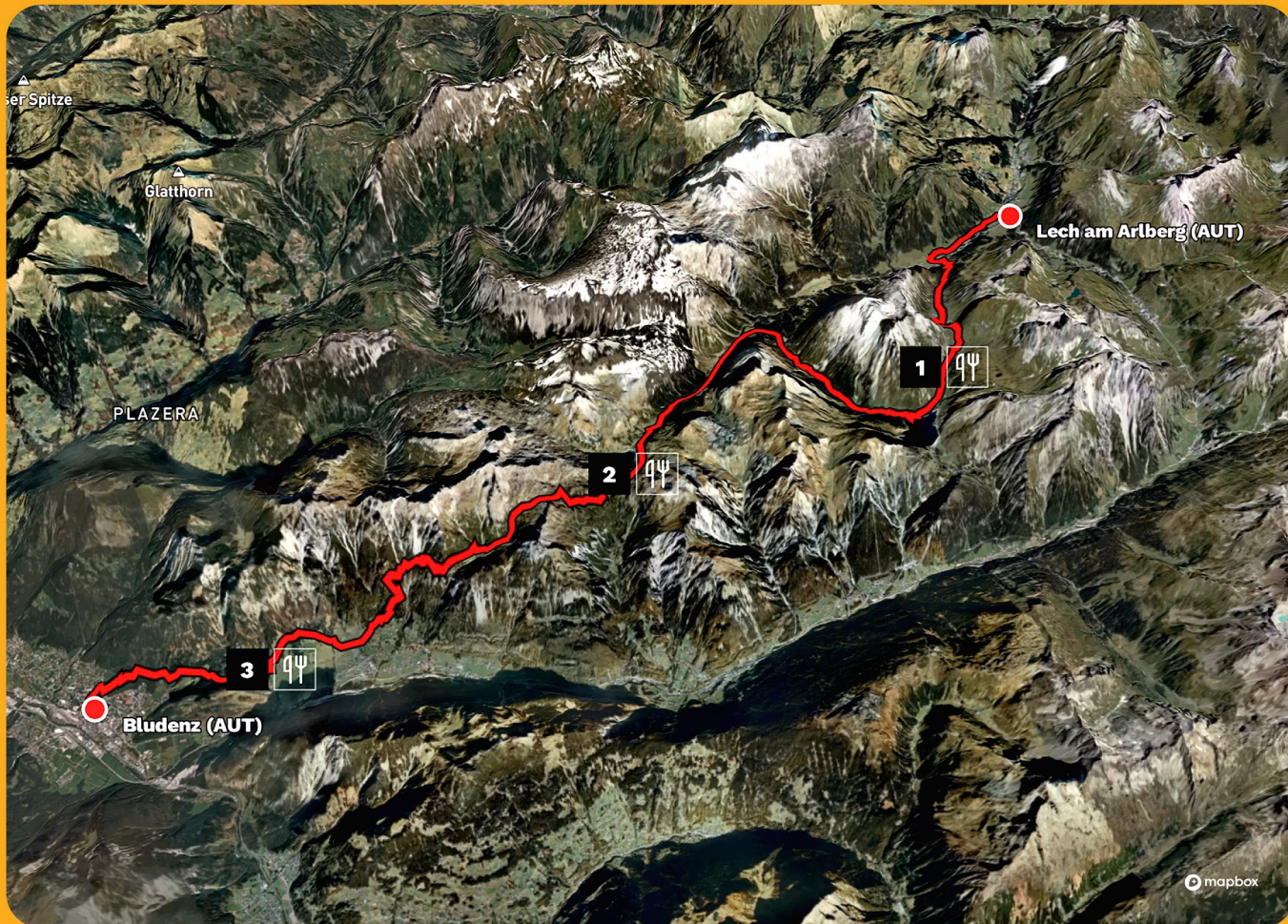


2.350 HM

START 8:00

1ST FINISHER 11:55

TIME LIMIT 17:30



1



LECH AM ARLBERG



BLUDENZ

RUN **2**



STAGE 1
SEPTEMBER 6 2025



39,00 KM



1.450 HM

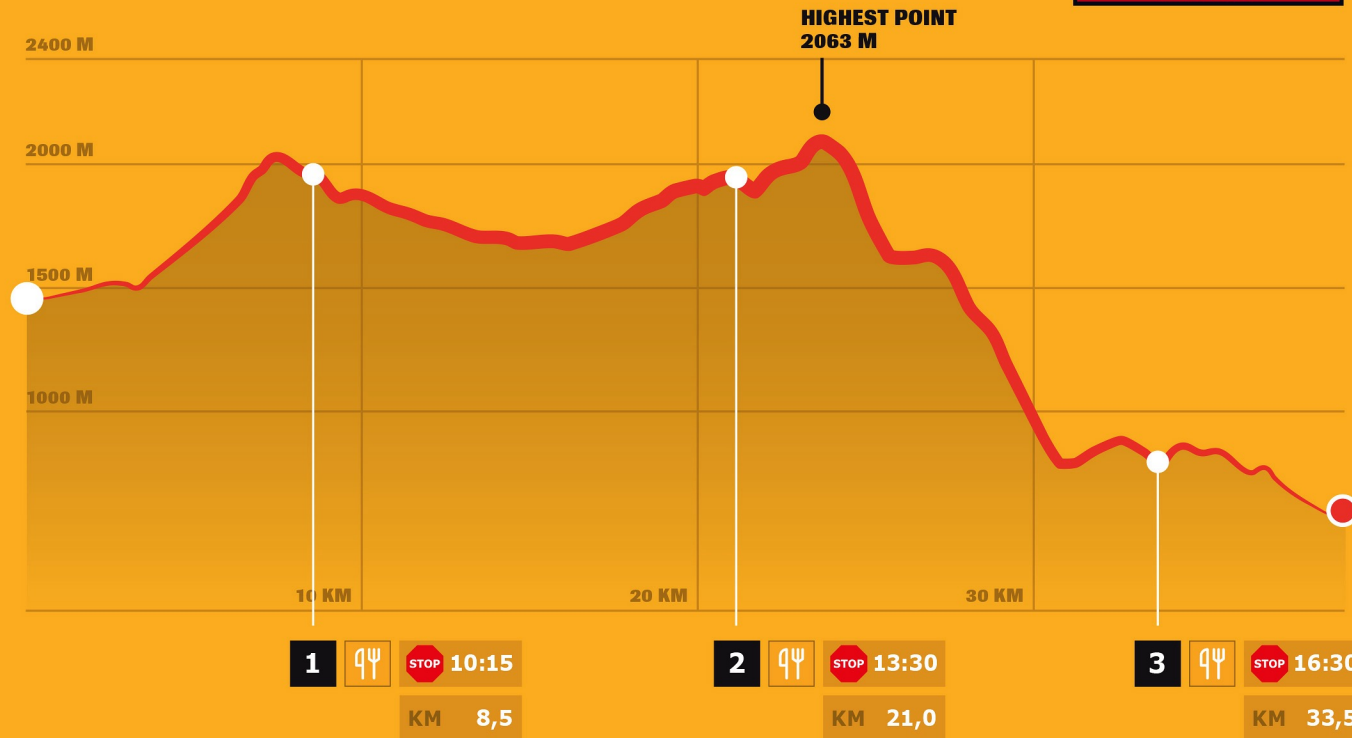


2.350 HM

START **8:00**

1ST FINISHER **11:55**

TIME LIMIT **17:30**



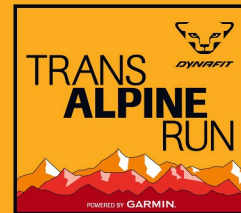


LECH AM ARLBERG



BLUDENZ

RUN²



	Strecke/Wegpunkte <i>Course/Waypoints</i>	Höhe <i>Altitude</i>	Aufstieg (m) <i>Ascent (m)</i>	Abstieg (m) <i>Descent (m)</i>	Distanz (km) <i>Distance (km)</i>	Zum Ziel (km) <i>To finish (km)</i>	Zeit schnell <i>Time fast</i>	Zeit langsam <i>Time slow</i>	Zeitlimit <i>Time limit</i>
1	Start: Lech am Arlberg	1.440	0	0	0,00	39,00	8:02	8:02	-
2	Stierlochjoch	2.009	569	0	7,50	31,50	8:40	9:36	-
3	1 Ravensburger Hütte	1.946	580	150	8,50	30,50	8:47	9:57	10:15
4	Tannläger Alpe	1.650	621	420	15,00	24,00	9:18	11:52	-
5	2 Freiburger Hütte	1.920	910	450	21,00	18,00	9:49	13:07	13:30
6	▲ Gwurfjoch	2.063	1.150	530	23,50	15,50	10:08	13:47	-
7	Masonalpe	1.605	1.165	1.005	26,50	12,50	10:34	15:02	-
8	3 Braz / Grubs	785	1.310	1.950	33,50	5,50	11:18	16:10	16:30
9	Haldawässerle	775	1.420	2.090	37,00	2,00	11:36	16:42	-
10	Finish: Bludenz	566	1.450	2.350	39,00	0,00	11:52	17:05	17:30

Zäune & Gatter

FENCES & GATES

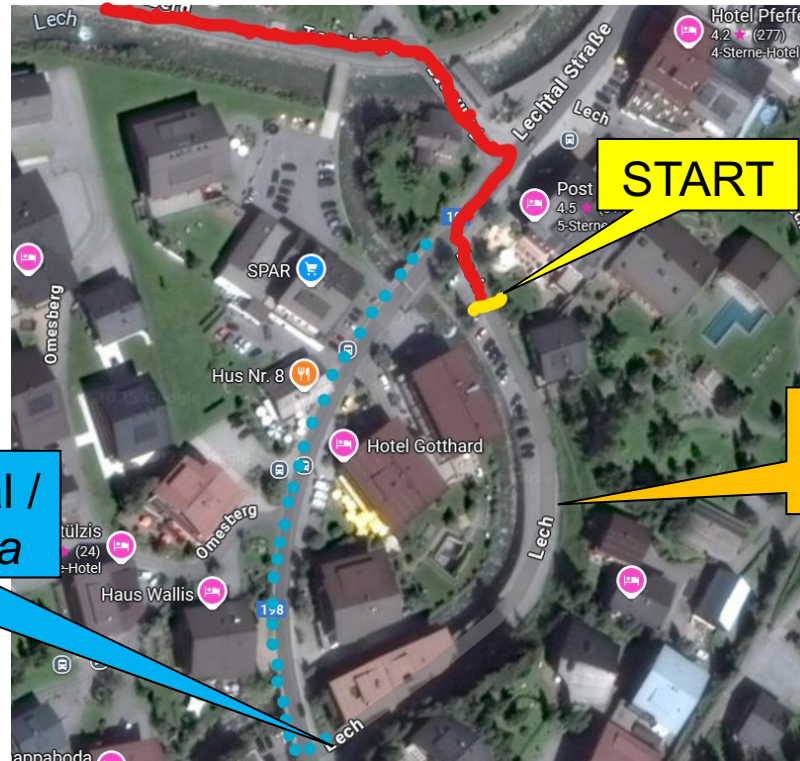


**ÖFFNEN &
SCHLIESSEN**

OPEN & CLOSE

!!!!!!!!!!!!!!!!!!!!

Start



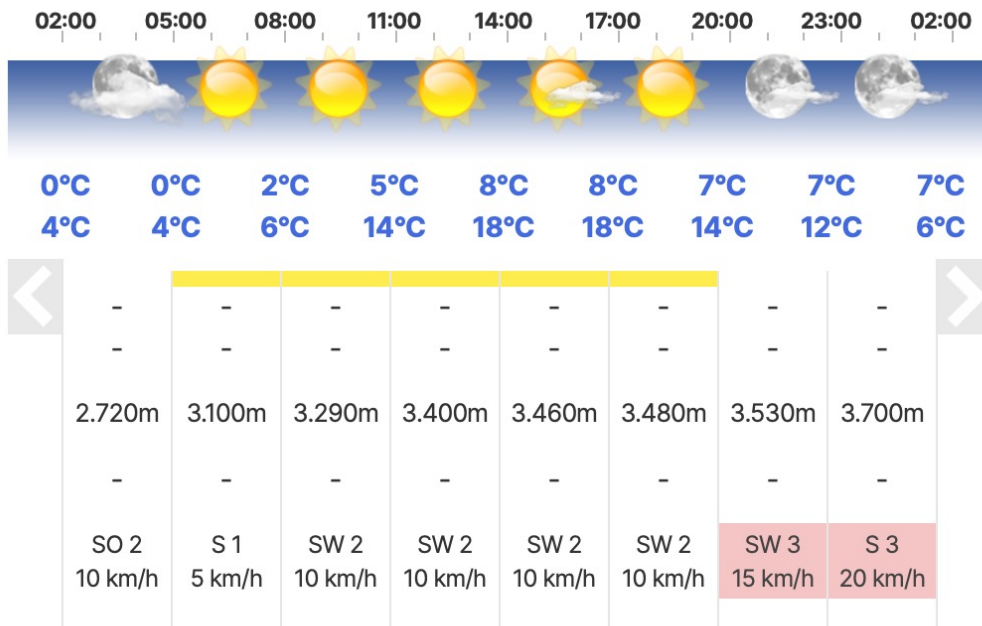
START

Start Areal /
start area

Eingang Start Areal /
entrance start area

Wetterbericht

WEATHER FORECAST



Samstag

12h Sonnenscheindauer

↑ 06:45 ↓ 19:49 - 13h 4m

8°C max **0°C** min

18°C max **4°C** min

- Niederschlag (l/m²)

3.320m Schneefallgrenze

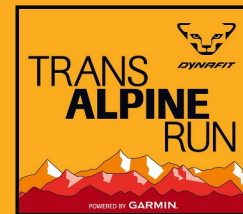
- Gewitterwahrscheinlichkeit

SW 2 Wind (Bft)
Wind (km/h)

Quelle: GeoSphere Austria/bergfex

Daily Infoboard

STAGE 1 · SEP 6, 2025



Startzeiten *START TIMES*

08.02 Uhr

Ausrüstungskontrolle *EQUIPMENT CHECK*

7:15 Min. vor dem Start.

7:15 minutes before the start.

Startaufstellung *STARTING GRID*

First come first serve: nur am ersten Tag, danach Blockstarts entsprechend Ranking

First come first serve: only on the first day, then block starts according to ranking

Daily Infoboard

STAGE 1 · SEP 6, 2025



Gepäckabgabe *BAG DROP*

Ab 6.30 Uhr *from 6.30 am*

Eigenständige Abgabe der TAR-Bags und RUN2 Backpacks direkt auf der Expo in die LKWs, sowie das verbleibende Gepäck für Lech oder Reschensee in der Registrierung.

1 Stunde vor Start DYNAFIT-Dropbag am DYNAFIT-Stand abgeben.

You can drop off your TAR bags and RUN2 backpacks directly into the trucks at the Expo, as well as the remaining luggage for Lech or Lake Reschen at the registration desk.

Hand in the DYNAFIT dropbag at the DYNAFIT stand 1 hour before the start.

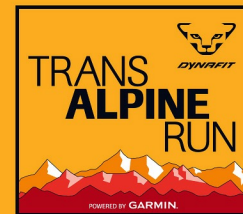
Dauerparker *LONG-TERM PARKING*

Bitte das Park-Ticket sichtbar im Auto platzieren.

Please place the parking ticket visibly in the car.

Daily Infoboard

STAGE 1 · SEP 6, 2025



TAR Dinner Bludenz/Muttersberg

Ab 17.00 Uhr bis 20:00 Uhr

Einlass nur mit Pasta-Bändchen und Ticket.

Begleiter können im Race Office ein Ticket kaufen.

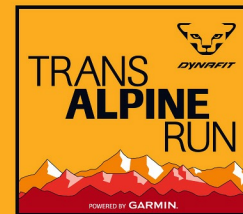
From 17.00 till 20:00

Admission only with pasta wristband and ticket.

Companions can buy a ticket in the race office.

Daily Infoboard

STAGE 1 · SEP 6, 2025



Siegerehrung *AWARD CERENOMY*

19.00 Uhr

7.00 pm

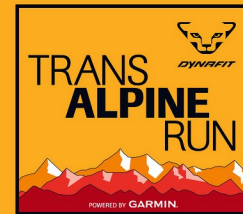
Briefing Etappe 2 & 3 *COURSE BRIEFING STAGE 2 & 3*

19.30 Uhr

7.30 pm

Daily Infoboard

STAGE 1 · SEP 6, 2025



FRAGEN? QUESTIONS?

Please go to Race Office in the Expo

MEDICAL SERVICE

Täglich 1 Stunde vor Start und 1 Stunde nach Zielschluss in der Expo

Daily 1 hour before the start and 1 hour after the finish at the Expo

HAVE FUN

AND KEEP ON RUNNING



GARMIN®



**orthomol
sport**

SPORT
conrad

Seeberger 

Powerbar®

 **LEDLENSER**

 **HAFENMAIR**
Berge Erleben

